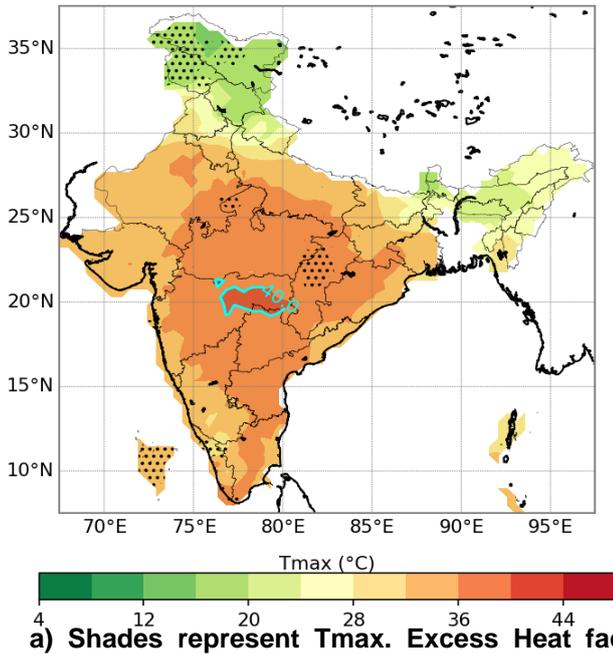


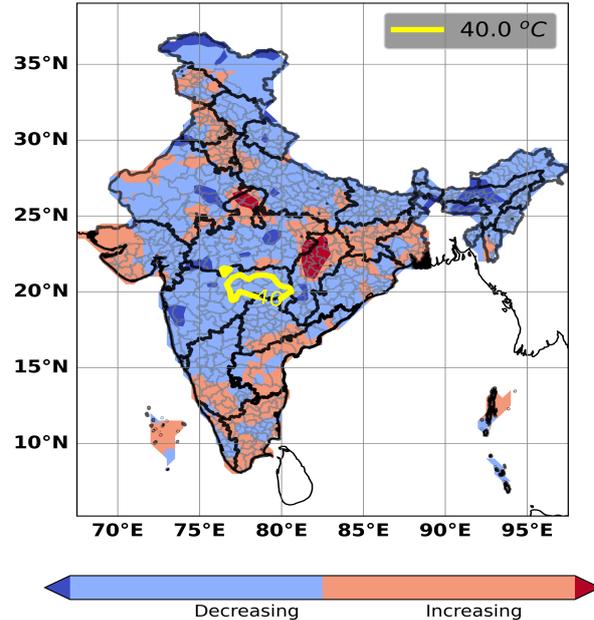
**Tmax (°C) with EHF Hatched
On 29-03-2026**



a) Shades represent Tmax. Excess Heat factor (EHF) index with values greater than zero as dotted regions.

Over the Indian Regions marked by Dots, (if exist) are under heat stress watch condition.

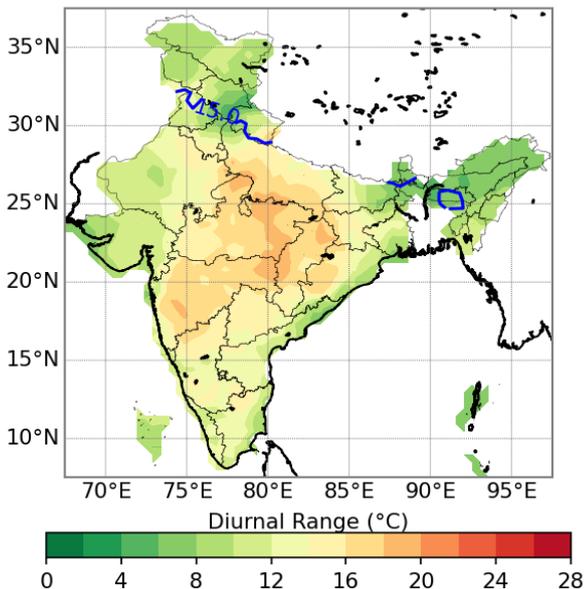
**Excess Heat Factor Tendency
On 29-03-2026**



b) Shades represent tendency of EHF over last three days. The yellow contour shows the highest observed range of Tmax.

Regions with increasing EHF tendency and with Tmax contour $\geq 40^{\circ}\text{C}$, (if exist refer fig 2 legend), are likely to progress towards heatwave type of condition.

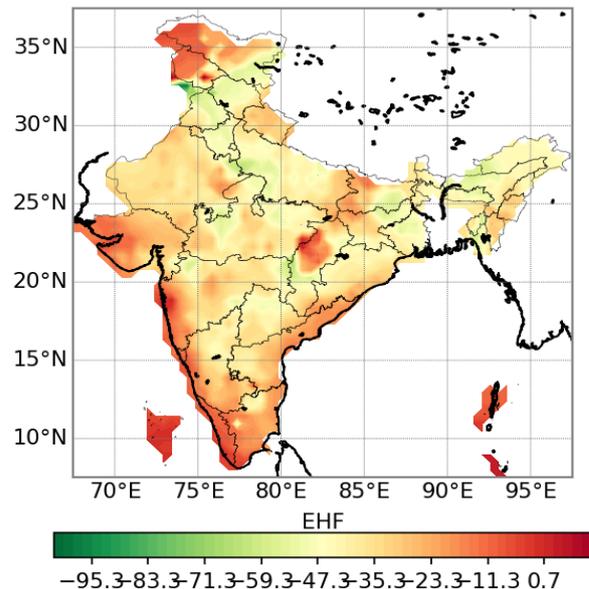
**Diurnal Range (°C)
On 29-03-2026**



c) Diurnal temperature range (Tmax - Tmin) spatial map over Indian region.

Regions having low values of Diurnal temperature range along with (EHF) index > 0 should be watchful for excess heat stress type of conditions.

**EHF 12 days Accumulated
On 29-03-2026**



d) EHF accumulated for the last 12 days is shown above.

The region in red may experience continuous Excess Heat in the atmosphere since the last 12 days.